

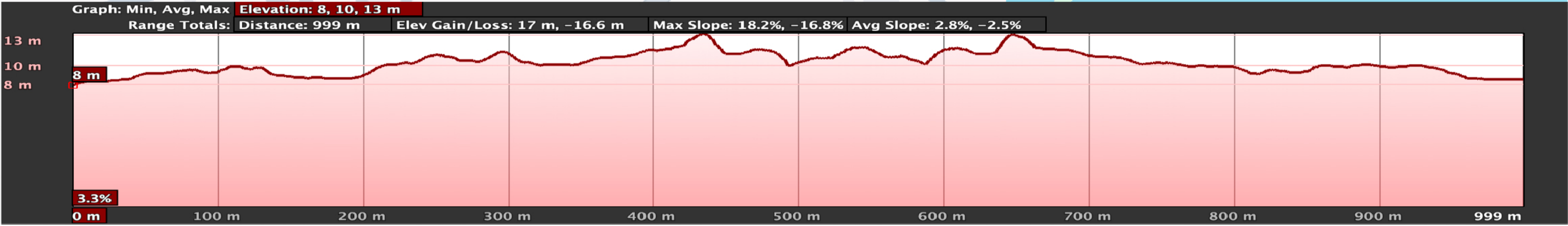
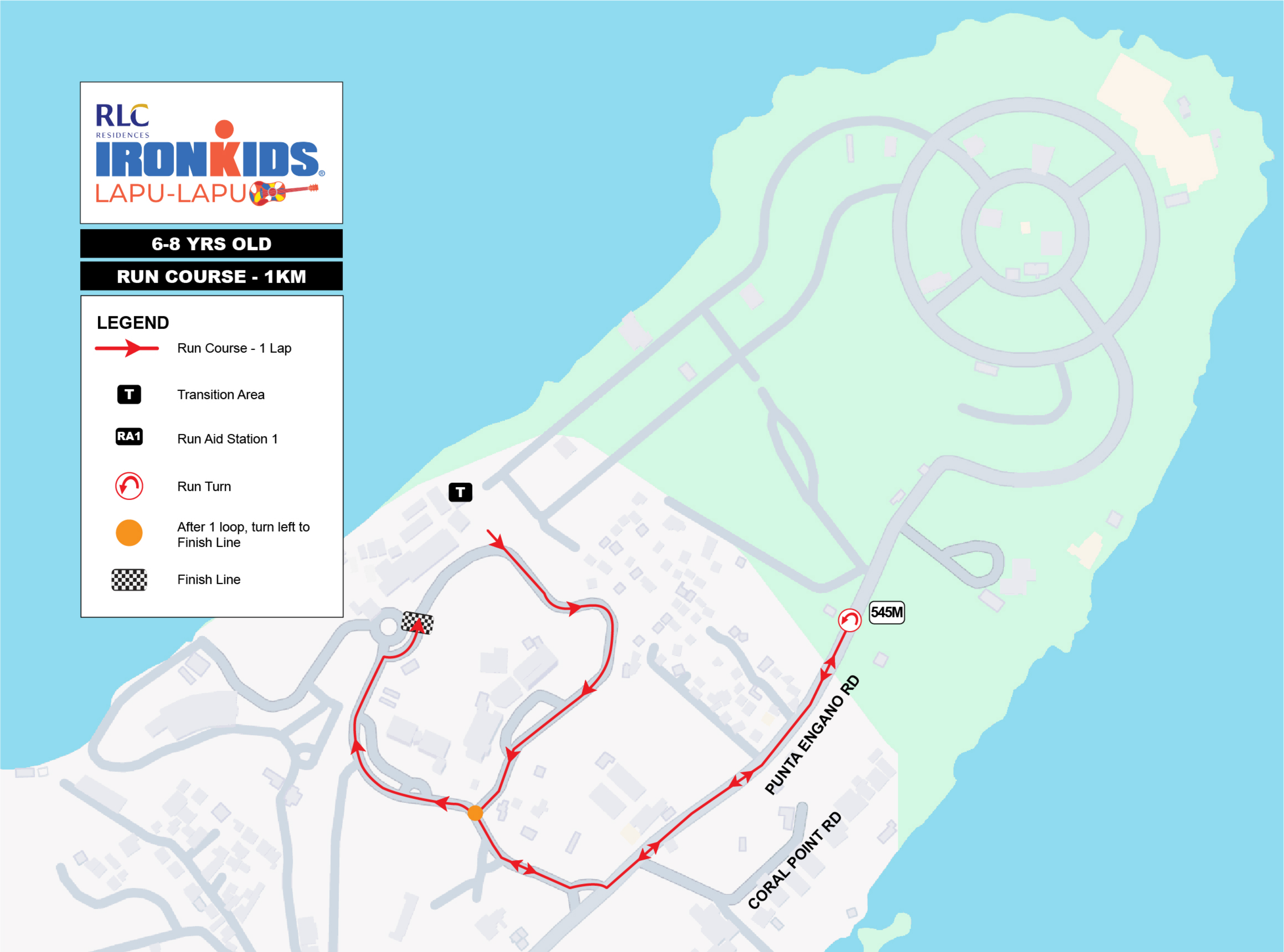


6-8 YRS OLD

RUN COURSE - 1KM

LEGEND

- Run Course - 1 Lap
- Transition Area
- Run Aid Station 1
- Run Turn
- After 1 loop, turn left to Finish Line
- Finish Line





6-8 YRS OLD

SWIM COURSE - 100M

LEGEND



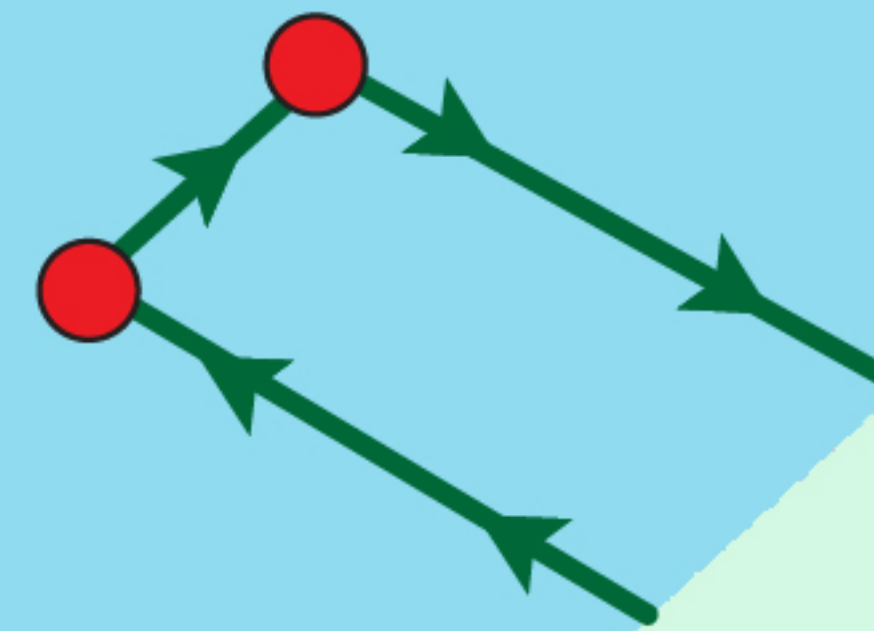
Swim Course - 1 Lap



Turn Around



Transition Area





6-10 YRS OLD

RUN COURSE - 1KM

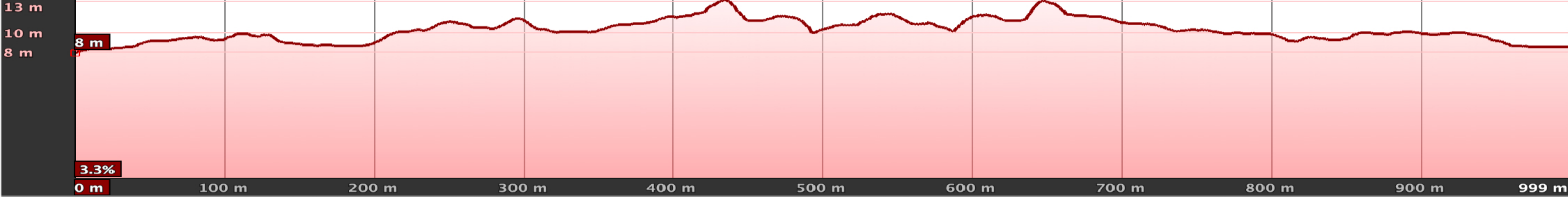
LEGEND

- Run Course - 1 Lap
- Transition Area
- Run Aid Station 1
- Run Turn
- After 1 loop, turn left to Finish Line
- Finish Line



Graph: Min, Avg, Max Elevation: 8, 10, 13 m

Range Totals: Distance: 999 m Elev Gain/Loss: 17 m, -16.6 m Max Slope: 18.2%, -16.8% Avg Slope: 2.8%, -2.5%






9-10 YRS OLD

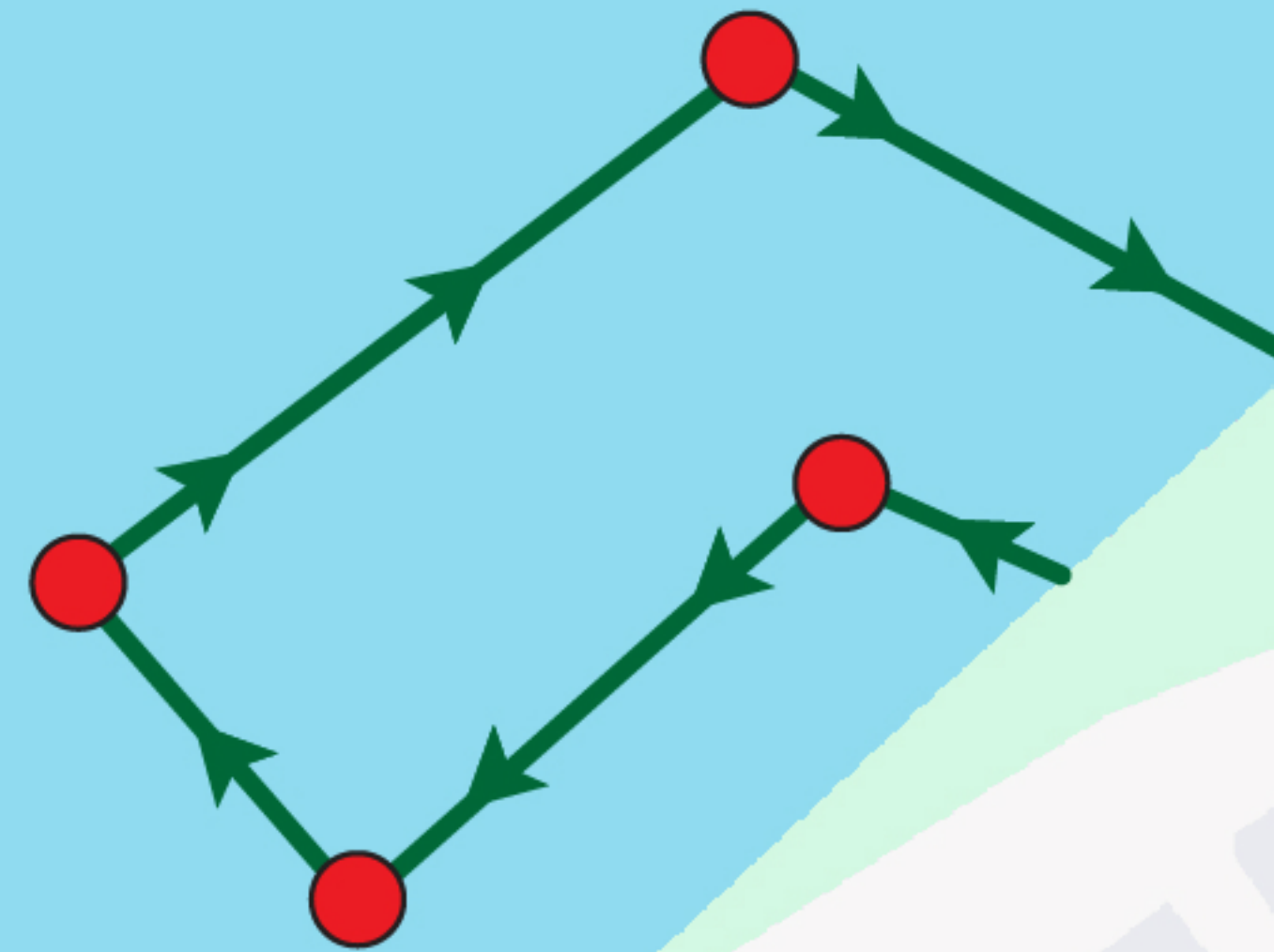
SWIM COURSE - 150M

LEGEND

 Swim Course - 1 Lap

 Turn Around

 Transition Area





9-10 YRS OLD

11-12 YRS OLD

RUN COURSE - 1.5KM

LEGEND

- Run Course - 1 Lap
- Transition Area
- Run Aid Station 1
- Run Turn
- After 1 loop, turn left to Finish Line
- Finish Line



Graph: Min, Avg, Max **Elevation: 8, 10, 13 m**
Range Totals: **Distance: 1.5 km** **Elev Gain/Loss: 26.7 m, -26.3 m** **Max Slope: 13.7%, -12.6%** **Avg Slope: 3.0%, -3.0%**






11-12 YRS OLD

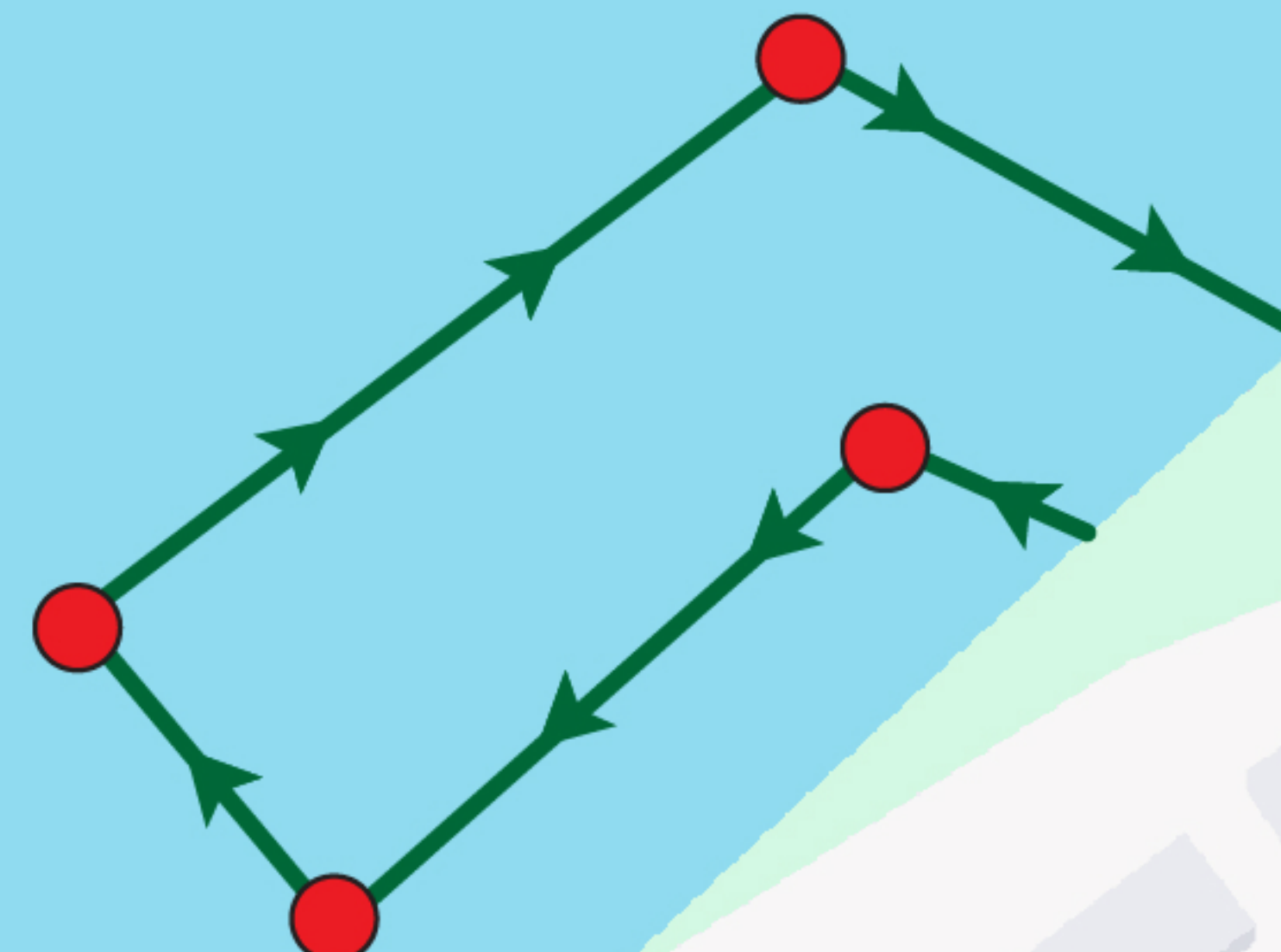
SWIM COURSE - 200M

LEGEND

 Swim Course - 1 Lap

 Transition Area

 Turn Around



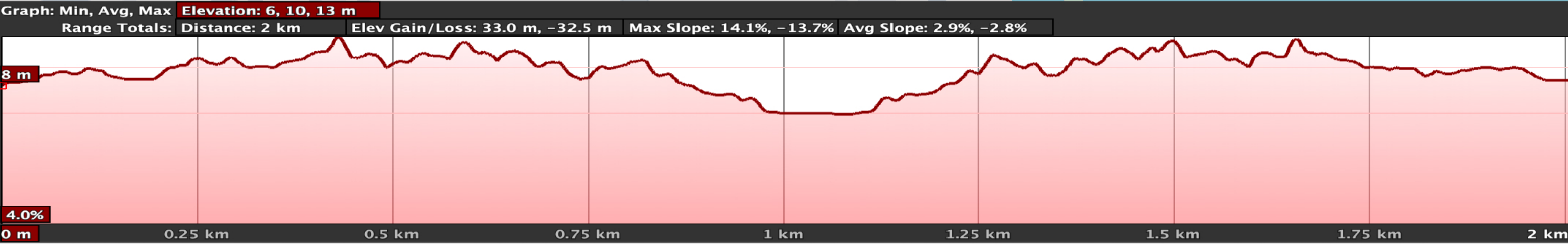
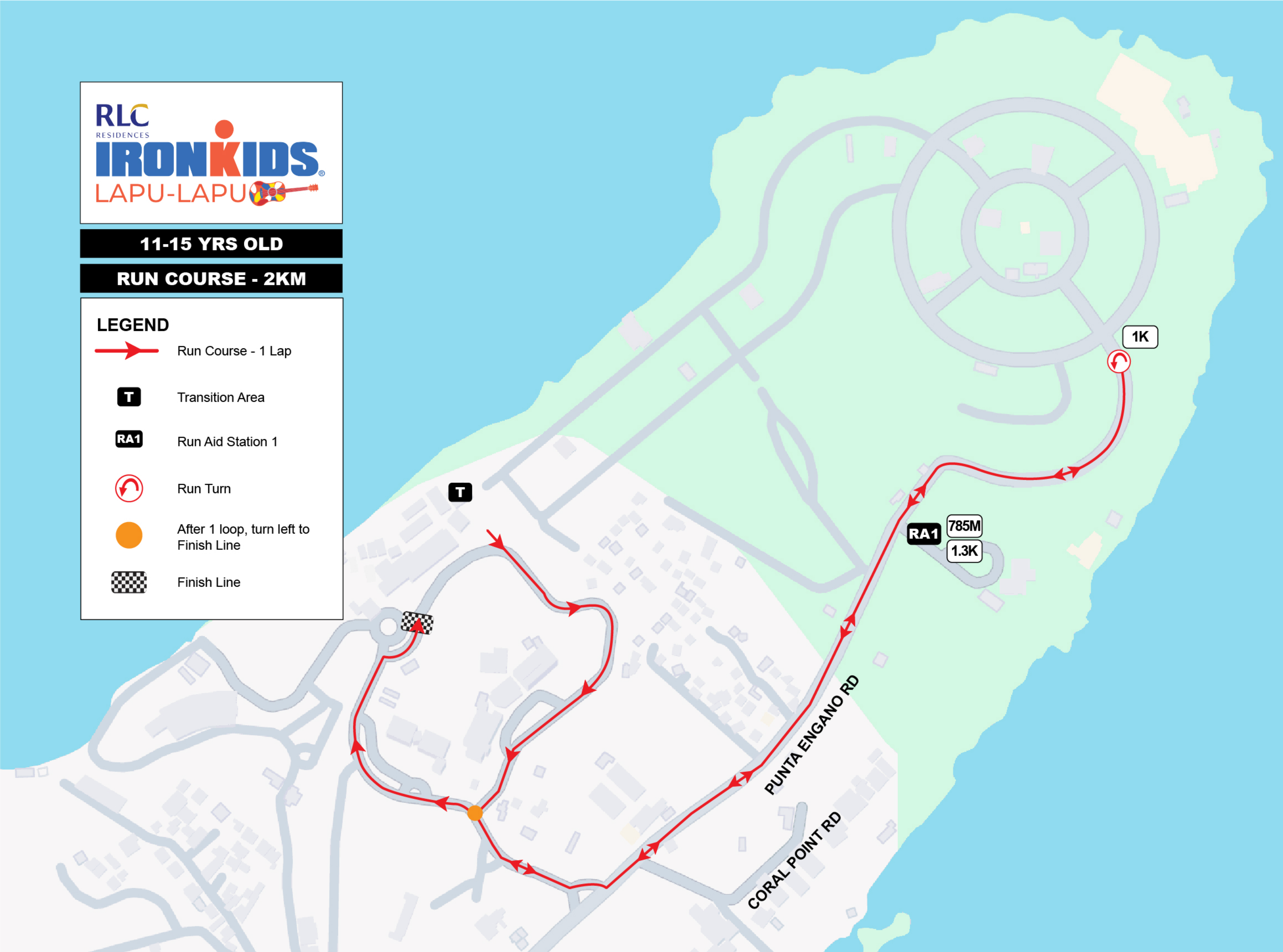


11-15 YRS OLD

RUN COURSE - 2KM

LEGEND

- Run Course - 1 Lap
- Transition Area
- Run Aid Station 1
- Run Turn
- After 1 loop, turn left to Finish Line
- Finish Line



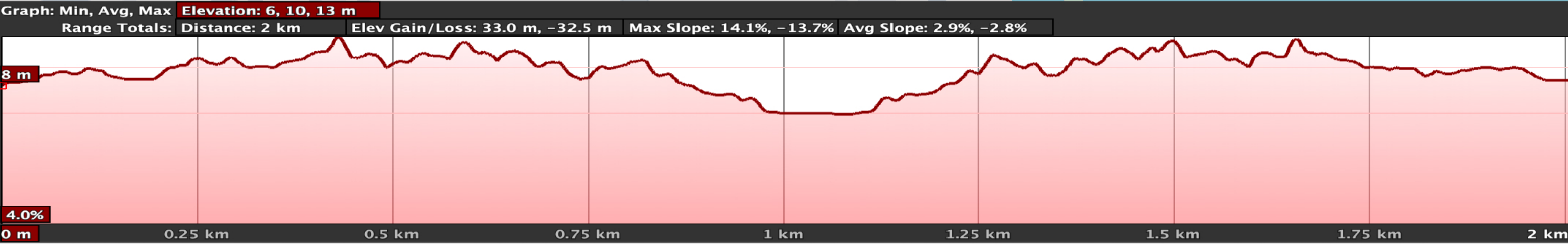
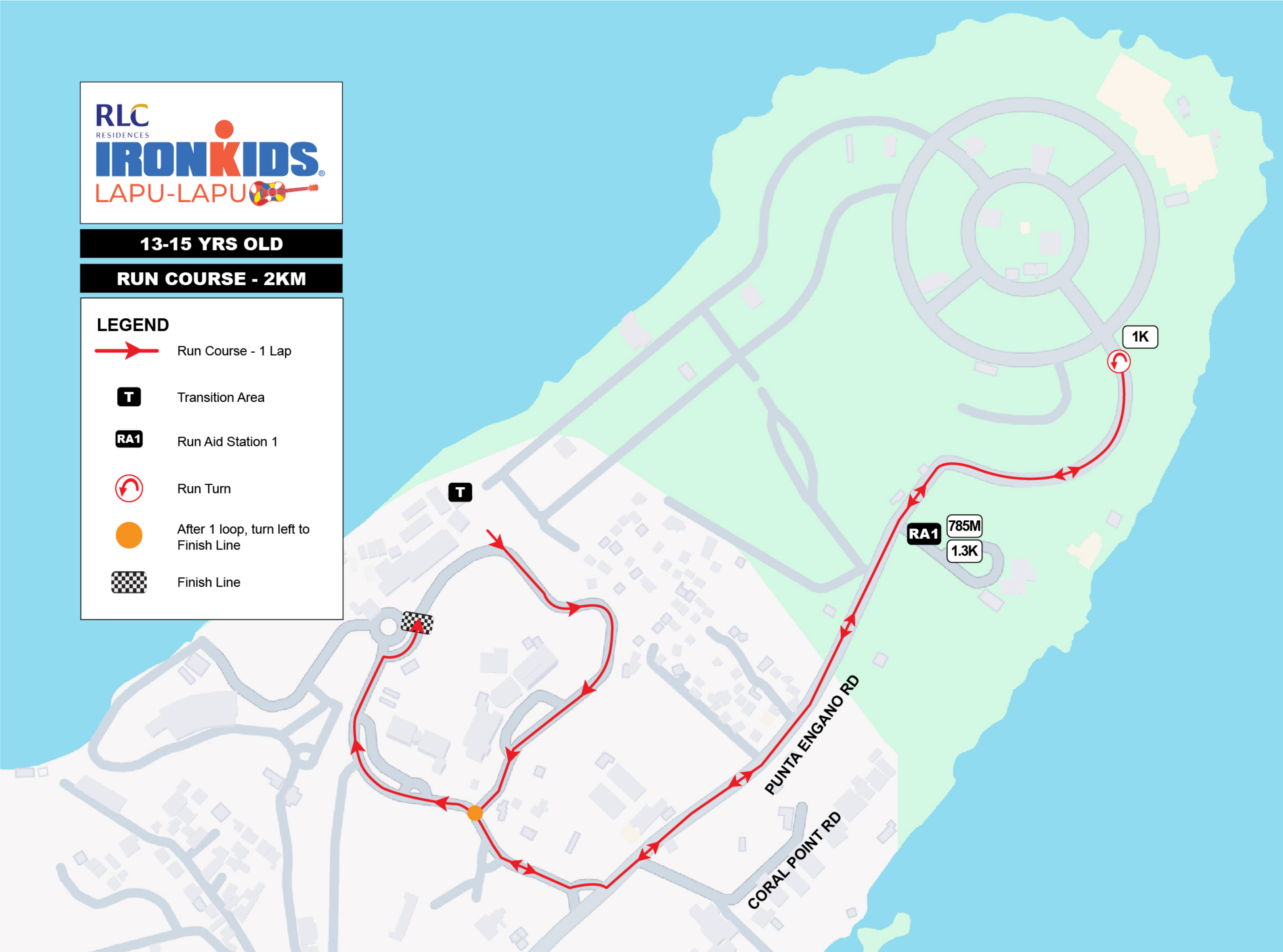


13-15 YRS OLD

RUN COURSE - 2KM

LEGEND

- Run Course - 1 Lap
- Transition Area
- Run Aid Station 1
- Run Turn
- After 1 loop, turn left to Finish Line
- Finish Line





13-15 YRS OLD

SWIM COURSE - 250M

LEGEND

 Swim Course - 1 Lap

 Transition Area

 Turn Around

